



Ann Garvin

Author, CEO, Speaker,
Professor

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Social Media Reach

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- TikTok
- website anngarvin.net
- Tall Poppy Writers tallpoppies.org
- TikTok Anngarvin
- Come Sit By Me Podcast

Skills

- Stand-up Comedy
- Teaching/speaking
- Writing
- Acting

Speaking Topics

- Creative Writing
Plotting, Pitching, Loglines, Craft
Health for writers and Readers
The Power of Story
Global Health
Leadership
Entrepreneurship, Networking
Nutrition, Stress Management, Health
- Education
PHD, Health Psychology
MS. Exercise Physiology
RN Registered Nurse
- Employment
University of Wisconsin, Drexel MFA, Miami
Ohio MFA, SNHU MFA

About Me

Ann Garvin, Ph.D., is the USA Today best-selling author of 5 novels where she writes about women who do too much in a world that asks too much from them.

She is known for her humor and deep exploration of friendships, relationships, family, and humanity.

Ann is the founder of the award-winning **The Tall Poppy Writers**, the only scaled, author-driven marketing cooperative in the U.S. who supports the careers of women writers in all genres.

Publishing History

There's No Coming Back From This

2023 – August

Lake Union -Editor Melissa Valentine

A novice costumer, becomes a stowaway on the Universal Studio backlot and must expose a scandal or lose the job that is the only thing between her and prison

I Thought You Said This would Work

2021

Lake Union -Editor Christopher Werner

First Reads. GMA pick, Amazon Reviews 4.4 out of 5

50K copies sold within 11 months. Russian Translation and Audio book

I Like You Just Fine When You're Not Around

2016

Tyrus Book - Ben Leroy

USA Today BestSeller

Amazon Reviews 4.3 out of 5. Audio book

Simon & Schuster purchased

The Dog Year

2014

- Penguin RandomHouse -
- Amazon Reviews 4.5 out of 5
- Hebrew and Germany - Audio Book

On Maggie's Watch

2010

- Penguin RandomHouse -
- Amazon Reviews 4.1 out of 5

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Class Descriptions

Plotting Without Guesswork

- Plotting a compelling story is more than the writer figuring out what obstacles to put in front of the characters. The job of a writer is to entice, compel and seduce; to tell a story that entertains, connects readers to characters, and evokes real feelings.
- The key to an emotionally and technically satisfying book is to create a plot that uniquely fits the character arc and drives both toward a rewarding conclusion. In this workshop, participants will work step-by-step from premise-to-story-to-plot, and understand, in new ways, how to put the character in the driver's seat and never get lost again.

Pitch Your Book In 2 Sentences

- When an agent asks, "What's your book about?" will your brief description (your logline) capture their interest? Will they ask for more? Will they see you as a skilled professional or an eager newbie who isn't quite sure what they are doing?
 - Even the most skilled authors find distilling their book down to a compelling pitch difficult to do, not because they don't know what their book is about, but because they do. In fact, they know it so well that they don't want to leave anything out. This results in more of a summary than juicy marketing copy designed to hook and interest an agent or a publisher.
 - In this class, you'll learn how to get to the very heart of your project and make certain that the story you're working on is compelling and clear. Even the most complicated or quiet of tales can be pitched in such a way that people will sit up and take notice.
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Class Descriptions

A Story Tellers True North

- What can an author say to a room full of people who listen to stories for a living about the power of storytelling--about how to get to the heart of an individual's story? About how to find the truth amidst what makes us most human so we can help in a real way? Dr. Ann Garvin has mined her fifteen years as a nurse, thirty years as a professor of health psychology, and twelve years as a best-selling author to discover two particular and often contradicting things that help us understand people. One of these things is easily gotten and the other must be sussed-out after asking the right questions, listening acutely, and being mindful of what makes human beings, human. Ann will share stories, ask for feedback, and make the case that facts can be as misleading as memory but in the end, feelings may be all that matter.

Health, Leadership, Collaboration, Marketing

- Topics include:
 - Marketing for Authors
 - Publishing and Writers
 - Leadership
 - Collaboration
 - Nutrition Myths and Suggestions
 - Stress Management
 - Global Health
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